Milestones Circle 2025-2026

Retirement is a time to focus on yourself, pursue your passions, build a new routine and even a new identity. So do the things you love, spend time with friends and family, take up new hobbies, and make new friends. Doing what makes you happy is key for a healthy, fulfilling retirement with a sense of purpose.

If you are interested in expanding your connections to UU community and are open to learning from others, the Milestones Circle welcomes you! The Milestones Circle is an open, drop-in small group for older adults who are retired or considering retirement. Come, meet, share thoughts and concerns, and receive support and friendship in a UU setting. We will meet each month on the 4th Sunday at noon following the worship service, in the Library, lower level of the church. Bring a brown bag lunch, if you wish, and explore the spirituality in your life!

More information about the Milestones Circle can be found on the church website or email Kathie Bergman (<u>kathiebergman@gmail.com</u>) for more details.

Schedule for 2025-2026

27 July 2025	Anticipating our own death
24 August 2025	Using our time & energies wisely
28 September 2025	What's your source of inspiration?
26 October 2025	Maintaining sanity in the current political climate
23 November 2025	One thing that makes life meaningful for you
28 December 2025	What does spirituality mean to you?
25 January 2026	What is on your bucket list?
22 February 2026	Reflecting on your personality
22 March 2026	Closing doors?
26 April 2026	Did the pandemic open new doors for you?
24 May 2026	How do you define wisdom?
28 June 2026	Brainstorming for the 26-27 program year